

Empowered Leadership Coaching Experience

Four Part Experience Overview

The Empowered Leadership Coaching Experience helps leaders unlock their potential, build confidence, and navigate workplace challenges through a personalized flexible approach to growth. This comprehensive three-month program offers four impactful components tailored to support each leader's development journey.



1. Live Webinar: The journey begins with a live webinar on a management topic from our curated catalog, led by one of our expert leadership facilitators. During the session, participants are introduced to the coaching experience through a customized overview, setting the stage for what's to come.



2. One-on-One Coaching Sessions: Up to four personalized sessions are offered to support leaders in achieving their specific goals. Most participants find that 2-4 sessions provide the clarity and strategies needed to make meaningful progress.



3. Small Group Roundtable: A collaborative discussion with peers, guided by the leadership facilitator, to share insights and explore real-world scenarios.



4. Personalized Coaching Summary: This resource captures key themes, insights, and actionable strategies for participants and the organization as a whole.



Management Topics

Start your journey with a live, 45- to 60-minute webinar on a management topic from our curated catalog, designed by our internal team of psychologists and adult learning experts. Current catalog options include:

- Addressing Employee Performance Issues in a Supportive Way
- Coaching vs. Directing: A Guide for Leaders
- Creating Psychological Safety in the Workplace
- Leading with Authenticity
- Managing Remote (or Hybrid) Employees
- Managing Staff Through Stressful Situations
- Managing the Emotions Surrounding Layoff Conversations
- Psychological Pressures of Multidirectional Leadership
- Preventing Employee Burnout
- Supporting Employee Well-Being: What Can You Do as a Manager?

Program Benefits and Outcomes

Research shows that learners typically retain only 5-10 percent of what they learn in traditional training programs, while active learning strategies like practice and discussion can boost retention to 75-90 percent. By engaging in coaching conversations in the Empowered Leadership Coaching Experience, leaders not only gain clarity about their goals and next steps but also experience a stronger motivation to implement what they've learned in real-life scenarios. As a result, many leaders feel compelled to recommend this transformative coaching program to colleagues after seeing firsthand the lasting impact it has on professional development and success. Participants often express a renewed sense of value from knowing their employer invested in their growth through this coaching experience.

Who are the leadership facilitators?

The Empowered Leadership Coaching Experience is led by ComPsych's top-tier leadership facilitators who consistently receive the highest survey scores for their expertise in organizational psychology, educational leadership, and workforce development. Participants have an opportunity to connect 1-on-1 with these experts for personalized, high-impact guidance tailored to their unique leadership journey. With extensive experience and an adaptive approach, facilitators provide practical strategies that resonate across diverse leadership challenges.

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